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Carla Lamont. Picture: Dr Sam Jones

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unique place and we don't believe that bigger is always better," Carla said. "We are honing what we have and we still love what we are doing."

Ninth Wave's approach is based on seasonality, using the croft's home-grown produce, fresh-caught seafood and organic meats from Mull.

"Our ethos is one where luxury meets environmental awareness," Carla said. "Hedonism on a plate. There's no other place like it."



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Eager to create more jobs in Caithness

Louise Smith founded Caithness Renewables, a Thurso-based consultancy business, five years ago and since then has set up Renewables @ No. 10, a state-of-the-art business facility.

She is involved in several renewables and economic initiatives and is eager to help create more jobs in Caithness.

"Being your own boss means that you can choose what you work on and who you work for," she said.

"I have been promoting renewables since 2004 and decided it was time to put my money where my mouth was by combining my interest in some truly innovative technology with the enjoyment I get from working on construction projects and programmes looking at sustainable economic growth.

"I cover topics such as community and stakeholder engagement, environmental studies and business plans.

"I like to maintain a healthy profile by helping community groups with a variety of projects, which shows the potential added extras I can deliver as well as benefiting the groups.

"I am currently working with Caithness Voluntary Group, Transition Black Isle and Highland Council carrying out feasibility work for a network of electric vehicle rapid chargers across the region.

"Other partners include North Highland College UHI and Denchi Power."

Renewables @ No. 10 offers hot desk and office rental business services such as superfast broadband, mail handling and dedicated telephone lines that are ideal for business start-ups and firms visiting the north to grow their businesses.

"We try to help businesses to progress," Louise said.

"When thinking of who has helped me get started and develop my business, other than the great example given to me by my parents on how to live my life, I have benefited from some key interventions from Jennifer Irvine at Business Gateway in supporting the establishment of Renewables @ No. 10, a facility focused on the needs of other businesses.

"Business Gateway also helped me to access the support of graduates through Highland Council work placements.

"As part of our Offergy services, we developed groundbreaking work in tidal turbulence in conjunction with the Environmental Research Institute, part of North Highland College UHI.

"Working with oceanographer Juvéna Dufaur, we also attracted NERC funding – showing how other relationships can be attracted by initial Business Gateway advice."



Louise Smith. Picture: Mike Brookes Roper

Advertorials

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